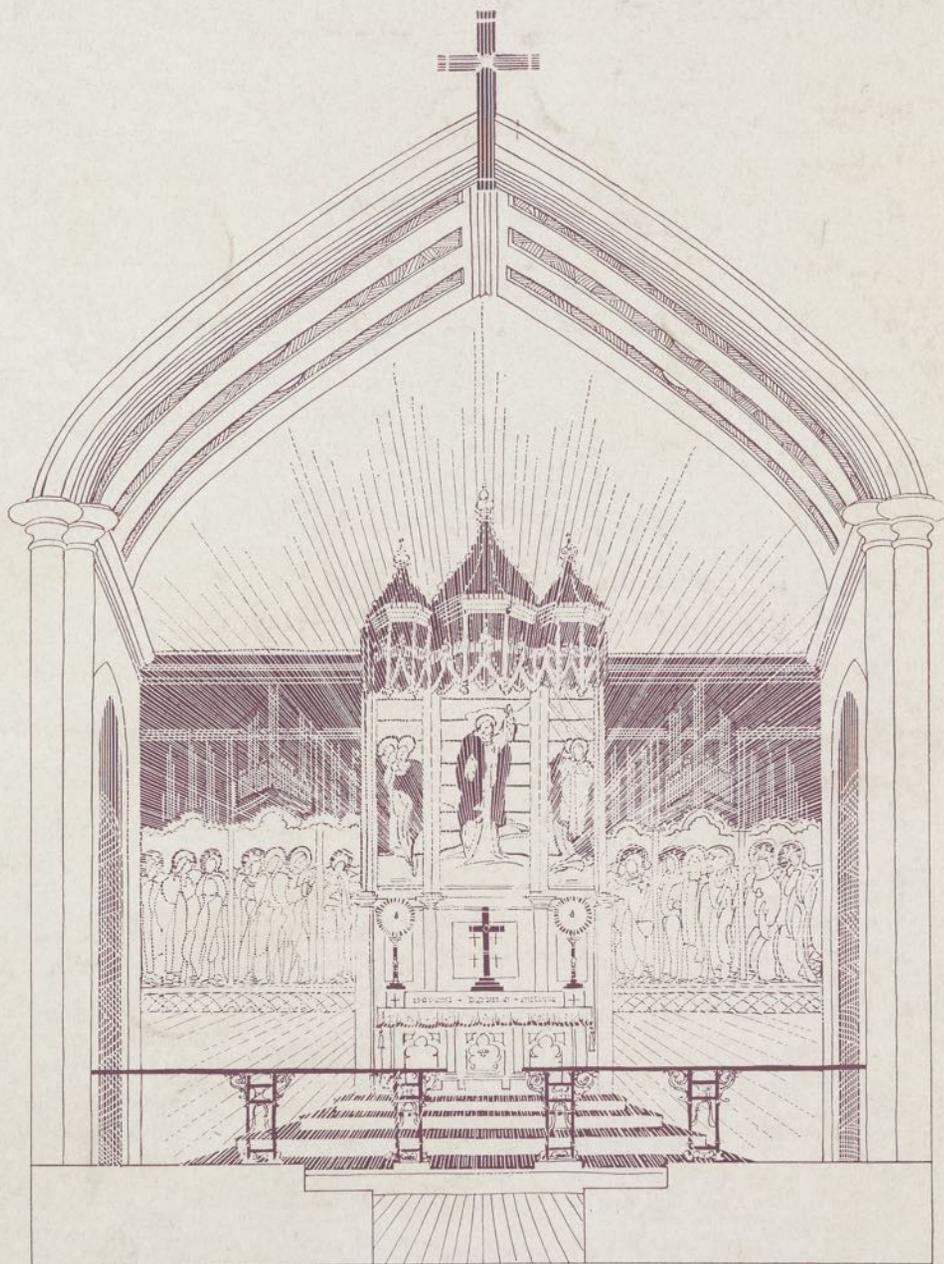


London Terrace News

APR 14 '41 W



Alfred Barry Beach Memorial Altar
The Oldest Altar in Chelsea
Saint Peter's Church

3 April

1941

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To My Patrons:

It has been my good fortune to acquire the lease of the catering premises of the London Terrace. Extensive alterations have been made which I hope will meet with your approval.

It shall be my greatest endeavour to do all in my power to satisfy the residents, their friends and the neighbours of the London Terrace.

An enlarged service staff including members of the former crew with the close cooperation of our experienced bar men and a high class cuisine directed by efficient managers will do their best to satisfy even the most fastidious of our patrons thereby creating one of the most pleasant hostelrys on this continent.

The entire staff is anxious to welcome, to serve and to please you, especially so,

Your host,

A handwritten signature in black ink, reading "Hans Jaeger". The signature is written in a cursive, flowing style with a long horizontal stroke at the end.

London Terrace Dining Hall

and

King Arthur Tap Room

405 West 23rd Street

On this point we think all our tenants agree:

London Terrace

spoils you for any other place!



More tenants renew their leases at London Terrace every year . . . and, in the last three years, our present residents have brought us 272 new tenants! The proof of what London Terrace has to offer . . . its features and 21 Special Services . . . is in the living.

A number of apartments have been furnished expressly for your convenience in "putting up" relatives or guests for short periods. These apartments include linen, silverware, kitchen equipment and maid service. The charge will be made in your name and will be put on your monthly rent bill.

\$4 a day for double room

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The NEWS of

London Terrace

APRIL, 1941

VOLUME IX

NUMBER 4

Speak Easy

If you meet a Terrace resident who is unusually alert in conversation and expresses himself or herself clearly and concisely on various subjects, chances are that the person is a member of the Speak Easy Club, which meets every Thursday evening at eight o'clock in the Penthouse Club.

This informal group banded together some months ago with a view to improving their public speaking manners through a self-corrective system which has had success in various communities all over the country. They are celebrating with a dinner on April 17th. Mr. Benjamin Gould, who is in charge of the program committee, assisted by Mrs. Eugene D. Giberson and Mrs. Thurston LaJard, promises a very interesting evening.

The members are extremely pleased with the manner in which their theories are working out, and feel that they have benefited tremendously by the practice in the weekly sessions.

There are no dues or fees of any sort in connection with the Speak Easy Club and any resident interested in joining, is welcome to look in on proceedings Thursday evenings.

Blackout Ball

The first special event to be held in the new Restaurant Grille was the Blackout Ball on Friday evening, April 4th. As the name implies, the Ball was given for the benefit of the British War Relief Society. A busy committee of residents headed by Bernard Sisk and Helen Tansill worked hard on arrangements for the undertaking, and as the NEWS went to press, the report was that things were progressing in excellent fashion.

The cooperation of Mr. Hans Jaeger, manager of the London Terrace Restaurant, in making available the Grille space for the Ball, contributed much to the success of the undertaking. Details of the Ball will be carried in our May issue.



Chess Club

The Chess Club Class C championship has been decided. Mr. Chauncey H. Durkee, the president of the Club, came through with a decisive victory. This automatically graduates him into Class B. So many of the C players have outstripped their class that the Club needs recruits, and this is a fine time for beginners to join.

In Classes A and B the battle is hard fought and interesting, but the results are still too uncertain to make any prognostications possible.

In the recent Lasker Memorial Exhibition, a Club member, Mr. Kramer, covered himself with glory by lasting until the final round against Mr. Ulvestedt. The game finally had to be adjudicated, and Mr. Kramer lost because he was two pawns down.

Mr. Stephen Rathbun and Mr. Horowitz, are back again, and the Club recently had a very interesting guest, Mme. Helene Scheu-Riesz, who is visiting Dr. Blanche Weill here.

Young people home for the spring vacation, who are interested in chess, will be very welcome in the Penthouse any Wednesday evening.

The Story of Saint Peter's

Oldest church in district
links history with Chelsea

EDITOR'S NOTE: For the first time in its 103 years of existence, the main portion of our fine old neighborhood church, Saint Peter's—Chelsea is closed, although services are being held regularly in the Saint Peter's Hall. Extensive repairs are under way and the reopening is scheduled for some time next year. Through the cooperation of Mr. R. A. D. Beaty, rector of Saint Peter's, the following brief account of the history of the church is published here with the thought that it will be of particular interest to our readers at Easter time.

SAIN'T PETER'S CHURCH—Chelsea, known around the world as the "Christmas Church" is the oldest church in the Chelsea region of the City of New York. On the 9th day of May in the year 1831, a group of residents of the Village of Chelsea, an area which took in the blocks between 15th and 24th Streets, and Seventh Avenue and the Hudson River, met in the Chapel of the General Theological Seminary, at the call of Dr. Clement Clarke Moore, Professor of Hebrew in the Seminary. Dr. Moore had been the head of a group of professors in the Seminary who had conducted a Church School for neighborhood children for several years prior to 1831. The Chapel in the Seminary grew much too small, and it was decided to call a meeting of church people to incorporate a congregation. Saint Peter's Church—Chelsea is the result of that meeting. Dr. Moore offered to give the land and a generous sum of money to start the project. The papers of incorporation were filed at Albany, and the little congregation was on its way to fame.

First Building Erected

The first church building to be erected was Saint Peter's Chapel, which still stands at 346 West Twentieth Street, now used as the Rectory. The Apse of the Chapel was at the point where the entrance to the kitchen is now to be found, and over the front door today there may be seen traces of a small balcony on which was a pipe organ, and it was played by Clement Clarke Moore. These facts place the present Saint Peter's Rectory among the oldest buildings in Chelsea. It was consecrated in October, 1831.

In 1836 it was decided to build a larger church, due to the cramped quarters in Saint Peter's Chapel. Dr. Moore again offered to help, and gave more land and money. He also journeyed to England and while there studied various church buildings. He drew the plans for the new church along the lines of the Magdelene Chapel at Oxford. He also purchased a pipe organ (an Erben) in England which was shipped to New York, and it still stands (albeit silent) in the gallery of the church. The new church was consecrated on February 22nd, 1838. Until Sunday, February 9th, 1941, when the old church was closed for repairs, through all the 103 years, the church was never closed. The same congregation owns it and operates it today, and there are many old Chelsea families whose names are history in the City of New York, who are numbered among its active communicants today.

Clement Clarke Moore

The fame of Saint Peter's—Chelsea derives from its early days when Clement Clarke Moore was so active in its work. For many years after the present church was built, he played the pipe organ for the services, and directed the music, in addition to holding the office of Senior Warden and Clerk of the Vestry (an office held today by Dr. William Maxwell Patterson who lives in the 455 Building of London Terrace). Dr. Moore had published some "heavy" theological books during his life as a Professor in the Seminary, but his fame is not connected with them. At some period during the 1820's he wrote a poem for his children at Christmas time known as "Twas the Night Before Christmas." As it was originally published it was called "A Visit from Saint Nicholas." Wherever children are loved and cherished at Christmas-tide, this poem is known and honored. It has been translated into hundreds of different languages, and is perhaps childhood's best known poem. It could be quite true to say that our American observance of Christmas in its relation to childhood, is largely due to the suggestions enshrined forever in this beautiful piece of poetry.

Thousands of people journey every year to Old
(Continued on page 17)

Date Set for Comedy Melodrama



Paul Addams, president of the Players, who will take a prominent part in the new production.

AN exceptionally lively and amusing time is promised residents and their friends when the London Terrace Players roll up their old-fashioned curtain on the presentation of the hilariously spine-chilling melodrama, "The Drunkard," this month. Four performances will be given, the first two on Monday and Tuesday evenings, April 14th and 15th, the last two a week later, on April 21st and 22nd. The place will be the downstairs Restaurant Grille, scene of the popular presentation of "Post Road" earlier in the season.

The cast of "The Drunkard" and all others concerned with its production have been hard at work for two months under their professional director, Hudson Faussett and everything points to an unique and spectacular production. The audiences are invited to take full part in the proceedings, hissing the villain and cheering the hero as occasion suggests. The original script of the nineteenth century play has been utilized for the production, with modern streamlining added to it in the manner of Olsen and Johnson's "Hellza Poppin." Free refreshments will be available to the audience during the performance and a "Coun-

(Continued on page 16)

Camera Club Members Active



Photo by Flora K. Howes

A section of the Camera Club dark room, showing facilities for enlarging, printing and experimentation to be found in the Club headquarters downstairs.

WITH spring in the air, the Camera Club members got to reminiscing and decided to look back over their previous year's travels with thoughts of the coming vacation time. As a result, out came the color slides showing the various points of interest in the United States, South America and Canada. A show was put on for the members and other Terrace residents. Color slides contributed by the Messrs. Deschin, Warren, Hicken and the Kents and Jacksons, provided a very interesting and entertaining show.

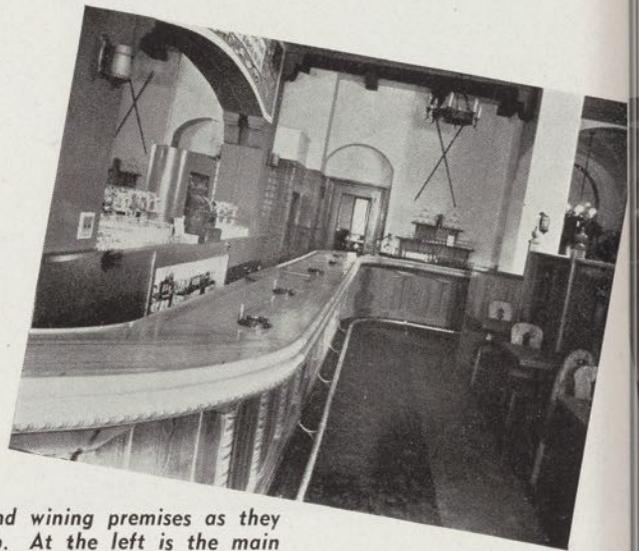
The Club has arranged for a lecture on Flash Photography, to be given by Mr. S. Fred Offenbach on April 16th. On April 23rd, Mr. Herendeen will talk on Color Photography. A show of the old Chelsea neighborhood, in color, will accompany this talk.

The Camera Club was represented at the International Salon of Pictorial Photographers of America by a print which was the work of Mrs. Flora K. Howes. The exhibition was held at the Museum of Natural History during March.

Interested Terrace residents are invited to visit the Club, see the print exhibitions and sit in on one of the meetings. Anyone wishing to join in the activities is welcome.

Tables for Two or More

New Terrace Restaurant proves
itself a gay and cheerful host



Two views of our dining and wining premises as they appeared in their new garb. At the left is the main dining room and at the right, the bar, which now goes under the name of the King Arthur Tap Room.

THE London Terrace Restaurant—redecorated, redesigned, refurnished and under new management—opened on the evening of March 24th after a few weeks' shutdown necessary for the extensive alterations which have given it a complete new character and appearance.

The more-than-capacity crowd sat down to dine with a distinct feeling of pleasure in the cheery, bright surroundings with their old English motif. The walls of the main dining room have been painted in broad alternating strips of yellow and white, centered at intervals by arch-shaped panels of warm grey. In the panels are hung paintings and old English color prints. The whole effect gives an intimate, colorful touch to the large room, making it an unusually pleasant place in which to partake of manager Hans Jaeger's excellent food and drink.

The Bar quarters, rechristened the King Arthur Tap Room and Dining Hall, have been enlarged and are furnished in old English style with large murals of the Round Table knights decorating the walls. It is a comfortable, robust room eminently suited to the camaraderie that goes with the pause that refreshes.

The enthusiastic send-off indicates an increasing

popularity for the Restaurant and Bar as a meeting spot for residents and their friends. Although extra tables were brought in on opening night, there were still a number of patrons who had to be turned away because of lack of space. This condition is not apt to arise again, but headwaiter Walter suggests that reservations be phoned in whenever possible in order to insure the table space desired and to avoid disappointment.

Thursday evening has been set aside as "London Terrace Night" in the Restaurant. If residents enjoy a certain amount of community recreation, and will arrange their entertaining for Thursday evenings, special events will be planned to make each of these weekly gatherings a gala occasion for Terracers and their friends.

Mr. Jaeger, whose menus and appointments are finding high favor with his patrons, is anxious to make the Restaurant a real expression of the preferences and fancies of Terrace residents. He will be glad to cooperate in any way possible if you'll make your wants and entertainment plans known to him.

The new Restaurant is a real addition to the pleasure of living at London Terrace and should enjoy a long and pleasant existence among us.

Portrait of a Busy Lady

She devotes her time and her activity to real enthusiasms

MRS. CLAIRE M. SENIE doesn't care particularly for the connotations of the word "clubwoman," but has to admit that it describes fairly accurately her outside-the-home activities.

She is president of the Drama Study Club, a post she has held for six years. She serves as chairman of the committee on expansion of the New York City Federation of Women's Clubs and is immediate past first vice-president of that organization. She is a member of the Democratic town committee of Westport, Connecticut, and was formerly secretary for Connecticut of the National Woman's Party. She is chairman of a Girl Scout troop committee. She was a member of the East Coast Preview Committee of Motion Pictures while it was in existence.

The frequency with which her name pops up in connection with luncheon and dinner programs and various educational and cultural activities is attested to by the fatness of the scrap book containing her press clippings. Her husband cheerfully encourages the linking of his wife's name in the public prints with such celebrities as playwright Robert Sherwood, for instance, or actor Fredric March, knowing that it is for the sake of some worthy undertaking. In fact the popular conception of the "clubwoman" neglecting her home and family is knocked kicking by the Senie household regime. Mr. Senie, a business man engaged in the manufacture of sports wear, has always taken a keen interest in his wife's activities and Mrs. Senie thinks that her three sons make a much more engaging topic of conversation than her club work.

Their apartment in the 470 Building—this is their third year of Terrace living—is tastefully and comfortably furnished with genuine antiques. The collection of antique furniture is another major interest with Mrs. Senie. They have a home in Westport which they close for the winter now that the boys have grown up. Two of the sons have homes of their own and the youngest is a sophomore at the University of Virginia.

Although she doesn't say so in actual words, you know from talking with Mrs. Senie that she takes up club work, not as a time-filler or as a method of getting her name in the newspapers, but because she is genuinely interested in the objectives of the organizations she is identified with. She joined the Drama Study Club when it



Blackstone Studios

Mrs. Claire M. Senie

was first started sixteen years ago because she had a love for the theatre. She doesn't believe the prophets of doom who report regularly that the American theatre is "dying." It is decidedly alive, she thinks, and will continue to be so as long as sincere, talented people work to keep it that way.

The purpose of the Drama Study Club is to give encouragement to worth-while accomplishments in the theatre. Each year the membership, consisting at present of six hundred ladies of the metropolitan area, ballots on the presentation of the Claire M. Senie Award. The award may go to an actor or actress, a director, producer or playwright. Fredric March and Florence Eldridge received it recently for their performances in "The American Way." It was given to Eddie Dowling because of his fine performance in a "legitimate" drama after years as a song and dance man. Robert Sherwood received it for his "Idiot's Delight," Orson Welles for his work with the early Mercury Theatre, and Paul Green for his "Johnny Johnson." This year it is being presented to Rachel Crothers in recognition of her long and distinguished service to the theatre and for her efforts in organizing the people of the theatre for war relief work. Miss Crothers is president of the American Theatre Wing for

(Continued on page 18)

Gym Health Service

THE Gymnasium has come in for its share of spring renovation under the supervision of Dr. Edward Muller, new head of the London Terrace Health Service. We dropped in for a visit with Dr. Muller the other day and found him in a neat, new office built at the north end of the Gym, with additional enclosed space fitted up for massage, "baking" and other health building items. In addition to the heat cabinets, there has been installed colonic irrigation equipment, an infra-red lamp, an excellent electric vibrator and "electric blankets" for those who prefer them to the heat cabinets.

The Gym is as clean and bright as a new whistle, and the Health Service equipment is arranged to take full advantage of the light and airy dimensions. Dr. Muller is a noted authority on all sorts of physio-therapy and colonic irrigation and is able to explain clearly and simply the reasons for the important benefits to be derived from the treatments. His associate, Miss Doris Philips, is on hand to take care of the ladies.

Under the new set-up, the exercise facilities of the Gym are available to anyone who comes in for the various treatments. There are no planned instruction classes in exercise, but Dr. Muller and his associates outline courses which can be easily followed through on your own initiative. The whole Health Service program is aimed to provide constant improvements and adjustments which will benefit the greatest number, adapting the facilities to the individual needs of the people using them.

It's a pleasant, friendly spot downstairs in the 470 Building, and our advice is to get acquainted with it for healthier, happier days ahead.

Lady at Leisure



I DECIDED to use part of my leisure time this month seeing a few New York plays and I hope you will take my word for it when I say that "Claudia" is one of the best I have seen any month, any year. Maybe I'm a little prejudiced as Dorothy McGuire, who plays the leading part, is from my favorite home town, Omaha, Nebraska. I found Dorothy to be the same sweet child back stage as from the front. Some of you may have seen her in "Our Town" when she followed Martha Scott. "Claudia" is a believable play about real people—in other words I liked it and I am sure you will too.

Just a year ago I was planning my historic trip to the Coast, but now all I can do is go into Sisk Tours ever so often and pretend I am going to take another jaunt. As long as it is only in the mind, I have imagined myself first going to South America, next Ber-

muda and so on down the list of the boat trips that are possible at the moment—if you have that certain something that starts with \$. "Dutch" Sisk is the same genial host, so stop by and go through the gestures of planning a trip and I hope you have better luck than I in going a step farther.

Tried a new before-drinking specialty and my guests liked it. New hors d'oeuvres always intrigue me so I will take it for granted that NEWS readers feel the same way. Mix chopped round steak as you would for "Hamburgers." I use an egg and bread crumbs with a little water, onion juice and plenty of salt. Roll into tiny balls and cook for about a half hour in tomato juice—an inexpensive brand will do. Put on tooth picks and serve hot. Very filling and different is my verdict.

Try it yourself and let me know how it turns out.



Lucas Studio

Scene from the Broadway play, "Claudia," commented on by our Lady at Leisure, showing Dorothy McGuire, who has the title role, talking things over with Donald Cook and Frances Starr.



Flora K. Howes

CHELSEA CHARITIES OFFICERS: Left to right — Cortland G. Pohle, treasurer; Miss Frances M. Cahill, corresponding secretary; Charles D. Berry, vice chairman; Sheffield A. Arnold, chairman; Mrs. M. Eleanor Reed, recording secretary.

Jamboree Plans Buzz

THE Chelsea Jamboree, held yearly for the purpose of raising funds to send needy neighborhood children to summer camps, is only two months off. Officers and workers of Chelsea Charities, resident organization, have been busy for some time, lining up Building committee chairmen and laying the groundwork for the numerous tasks necessary for the success of the undertaking. To date, chairmen who have agreed to serve are listed below, together with their Building and Apartment numbers.

Mrs. Walter A. Cooney has been appointed chairman of the ticket committee.

Willing hands and heads are

needed throughout the Terrace to help put over the Jamboree, an event which combines an informal evening of fun and entertainment with a worthy cause in one of the most important community functions of the year. If your Building chairman is listed below, get in touch with her as soon as possible to let her know you are available to help out with planning and running the undertaking. Volunteers for chairman posts in the unlisted Buildings are needed and if you feel you would like to serve in this capacity, notify Miss Bieber in the Penthouse Club. She will be glad to give you any details you may wish to know about the Jamboree.

HOUSE CHAIRMEN

405	Mrs. Stanley C. Vickers	11 D
415	Mrs. Alexander B. Timm, Jr.	17 E
420	Mrs. Sackett Miles	10 A
430	Mrs. Herbert Meyer	8 F
435	Mrs. Roland L. Stratford	9 E
440	Mrs. Thomas P. McAweeney	11 B
445	Mrs. Hugh J. Donnelly	17 F
450	Mrs. Walter G. Thomson	9 A
455	Mrs. Harriet Billingsley	4 D
460	Mrs. G. Edward Buxton	2 A

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Each 50 Cents

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Church Directory

For the guidance of readers at this religious season, we are pleased to list here the following churches in London Terrace Parish. All of them, of course, are holding special services during Holy Week—April 7th through Easter Sunday, April 13th.

✘

Baptist

North Church
232 West 11th Street

✘

Episcopal

St. Peter's Chelsea
346 West 20th Street
Church of the Holy Apostles
9th Avenue and 28th Street

✘

Lutheran

German Lutheran Church of
St. Paul
312 West 22d Street

✘

Methodist Episcopal

18th Street Methodist Church
305 West 18th Street

✘

Presbyterian

Chelsea Presbyterian Church
214 West 23d Street

✘

Reformed

Manor Church
350 West 26th Street

✘

Roman Catholic

Guardian Angel
10th Avenue and 21st Street

St. Columba
341 West 25th Street

Bowlers

Terrace bowlers are banging 'em right down the alleys these Monday nights and a lot of fun and rivalry are reported going on over at the National Bowling Arena where the devotees of the modern version of this ancient game meet once a week.

If you'd like to get your arm and your red corpuscles limbered up with the coming of spring it'll be worth while to look in on the activities. The Arena is at Twenty-third Street and Eighth Avenue and the Terracers gather round every Monday at 8:00.

Team Trophy

A group of Women's Swimming Association girls returned to their home waters in our Pool a couple of weeks ago proudly clutching the Team Trophy they won in the National Indoor Championship Meet held in Buffalo, March 19th to 22nd. The W. S. A. team piled up thirty-four points against the next best opponent's twenty-seven.

The next local swimming event is the W. S. A. meet which will be run off in the Pool on Sunday afternoon, April 20th, beginning at three o'clock.

Anecdote of Good Will

A NEWS reporter, earnest in the pursuit of his duties, recently dropped into the office of Wm. A. White & Sons, Managing Agent for London Terrace.

"What's new in the way of news for the NEWS?" the reporter asked the Wm. A. White representative.

The latter gentleman leaned back from his desk, put the tips of his fingers together and looked very thoughtful. After a minute he said, "I have in mind something that in a way is not news, because it is an old story as regards London Terrace, but in another way it is news because it keeps right on happening all the time."

"And what is that?" asked the reporter, pencil poised dutifully.

"Just this," replied the other. "It is the manner in which Terrace tenants are always telling other people about the Terrace. A remarkably high percentage of our new tenants come here because friends, acquaintances and business associates tell them about our house and what a fine place it is to live in."

"I've noticed that myself," interrupted the reporter. "Time after time when I've asked new residents how they happened to

come to London Terrace, they answer that they were told about it by a friend who lives here and recommended it."

"That's right," agreed the other. "And to us in the management end, it is a source of great gratification because it seems to prove that the idea behind London Terrace living is a sound and healthy one. We not only appreciate the loyalty of our tenants, but it keeps us on our toes seeing to it that their loyalty continues to be deserved. So there certainly seems to be a story there if you can just think of a way to write it."

"I agree with you," said the reporter as he arose to leave, "and I'll see what I can do about turning out a story to illustrate what we've been talking about."

Back at his typewriter, the reporter smoked a few cigarettes, stared at a blank sheet of paper for some time, and then decided that the only way to write the story was just to put down the conversation and why it happened. Facts, after all, are powerful things and if allowed to, can speak for themselves in convincing language.

So we'll let this little anecdote speak for itself.

Music for Museum

MUSIC has been added to the diversions in the National Hobby Museum in the Penthouse Club, with the acquisition of a phonograph record player. The phonograph is the contribution of Rabson's Music Company and the prospect of incidental music while the intriguing exhibits of the Museum are being inspected, is adding



Miss Edna Momson plays Edgar Bergen to a Hobby Museum exhibit — a ventriloquist dummy made by Fulton Oursler, editor of Liberty Magazine.

greatly to the interest shown by the many visitors.

The Hobby Museum staff passes the word along that if any residents are in possession of records, either instrumental, vocal or symphonic, which they would like to lend to the collection, their generosity will be very much appreciated. So look through your record cabinets and see what you have on hand that will add to the upstairs enjoyment. Any contributions will be noted with the lender's name, in the pages of the magazine of the Hobby Guild, *The American Hobbyist*.

Many Terrace residents, their interest in hobbies whetted by the collection upstairs, journeyed to the Hotel Century recently to

view an exhibit under the auspices of the Hobby Museum, called "The Hobbies of Prominent Personalities." The display, which

was for the benefit of French Civilian Relief, was a great success and attracted city-wide attention.

War Relief Bridge Benefit

THE third Benefit Bridge to raise funds to buy material for the London Terrace War Relief Unit was held on the afternoon of March 24th and a good crowd of enthusiasts rallied round to make the affair a success. Besides the money raised from the sale of tickets, a sum close to \$75.00 was dropped in the Unit coffers by selling chances on a beautiful Afghan made by Mrs. Oscar Zaun. Everyone cooperated splendidly under the committee in charge of arrangements, which was headed by Mrs. Fred Brewer, Mrs. M. Eleanor Reed and Mrs. Frank Koste. Mrs. Gladys Graves Stark, director of Terrace Bridge activities, again gave her expert assistance in running the game.

The appreciation of the Unit members for the fine work of Mrs. Bruce White, chairman of the Unit, was demonstrated at a tea given in her honor on the afternoon of March 20th in the apartment of Mrs. Frederic T. Tansill. Mrs. Bruce White is leaving for the West Coast and the tea was held and a lovely purse presented to her in appreciation of her efforts in organizing the Terrace Unit.

The work of knitting and sewing for various agencies including the British War Relief Society, Maple Leaf Fund and Red Cross, continues to grow, with new members constantly joining. The Unit meets twice a week on Tuesday and Thursday afternoons in Apartment 19D, 470 Building.

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How's Your Health?

Clothing Wanted

EDITOR'S NOTE: *The following is the first of a series of articles by Dr. Edward Muller, new head of the London Terrace Health Service. Others in the series will be published regularly in future issues of the NEWS.*

THOSE SURPLUS POUNDS

FOR quite a number of years now many thousands of people — particularly women — throughout the country have become obsessed with the idea of reducing.

As a result of this trend, every drug store window in the land has featured, at one time or another, all kinds of preparations designed to reduce weight.

Generally speaking, this is usually hocus pocus. There are only two ways to reduce weight scientifically. One is to eat less. The other is to work more. The usual cause of overweight in cases where there is no glandular trouble, comes from either too little activity, too much eating, or both.

A good plan for a start toward weight reduction is simply to cut the amount of all meals in half. Eat the normal food you have been in the habit of eating, only eat half as much of it. A person probably can lose from two to three pounds a week this way without injury. This is assuming, of course, that reasonable amounts of fruits, vegetables, proteins and starches are included in the diet.

Another method to follow and one that is finding favor with many people, is to stop eating anything containing fat or sugar. This causes a considerable weight reduction because as a person stops consuming fat, the body will begin to draw upon the weight which has been accumulating in the tissues.

A course in gymnasium calisthenics, particularly floor exer-

cises, can be very helpful. Gravity exercises on a slanting board are effective in bringing the waist line back to its normal size. General body massage applied scientifically by a skilled operator will hasten absorption of fatty deposits, particularly around the hips, shoulders, legs, arms and waist. Massage also is valuable if one wishes to gain weight. Other effective treatments include the use of an electric cabinet, electric blanket or hot-air baths.

It is well to remember that it is not a good plan to drink great quantities of water when reducing. A good idea is to drink a glass of skim milk or buttermilk three times daily, and if desired, eat an orange with the milk. This will supply most of the essential minerals and vitamins and act as a protective food for the body while the fat is being consumed.

EDWARD MULLER, Sc.D.

As you move into that bout of spring cleaning and wardrobe overhauling in anticipation of the warmer months to come, you will doubtless find one or two articles of apparel that are not quite up to the new season standard. To eliminate any regrets at the passing of these articles, you can put them to good use by bringing, or sending them, to the Penthouse Club in the 470 Building.

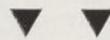
Chelsea Charities distributes clothing throughout the year to needy neighborhood families and will be glad of any contribution you can turn over to them. In addition, due to conditions abroad, the London Terrace War Relief Unit is sending clothing to the various agencies in the city that are equipped to send wearing apparel to war victims.

Send your bundles, or bring them to the Penthouse Club, marked for either Chelsea Charities or War Relief Unit.

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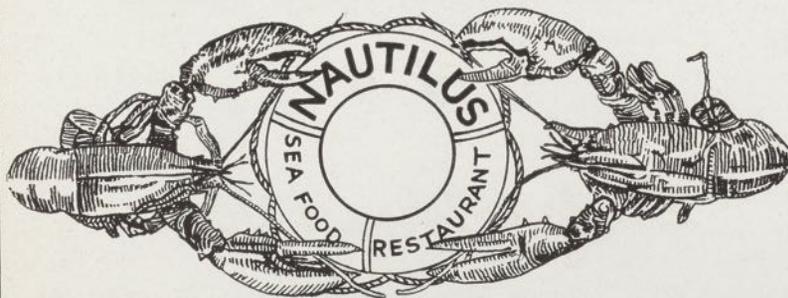
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ANSWER to last month's
problem hand.

S. leads the eight of diamonds. W. trumps, and leads back trumps, which S. wins. If E. discards a club, S. leads the Queen of spades, then puts E. in with the losing diamond. If E. discards a diamond, S. leads the spade five, and if W. will not cover, E. has to win the trick. If W. covers the small spade, S. lies ten ace over him for two tricks. If E. discards the spade, S. leads the diamond and N. makes three club tricks. If W. leads a small spade at trick 2, S. wins it and N. can trump a diamond and force W.'s trump with the club. Then S. must make Queen of spades and ten of trumps. If W. leads a high spade for the second trick, N. will trump it, force W.'s trump with the clubs and S. will make the two spades and ten of trumps.

The above is an example used
by Mankowski.

Now, what can you do with
the following hand? Hearts are
trumps and S. leads. N. and S.
to win five tricks against any de-
fense.

S—4-2		
H—10-4		
D—		
C—8-4-3		
S—9	N	S—J-5
H—3		H—
D—A-6-5-2	W	E
C—9		D—J-4
	S	C—K-Q-7
		S—K-6
		H—5
		D—Q
		C—A-6-5

GLADYSE GRAVES STARK

Melodrama

(Continued from page 7)

try Store" intermission will provide prizes for many lucky spectators. A share of the proceeds of the production will be turned over as a benefit for the Royal Air Force of Great Britain.

Members of the Players in the acting assignments include William Hoff, Edmund LeComte, Doris Hoff, Charlotte Lou Zentner, Paul Addams, Martha Hall, Nick Bernard, Jane Bernard, Lola Boswell, Philip Hemlick, Jane Addams, Philip Lezuch and Bernard Loveman, Jr.

Faces familiar to Terrace audiences will be among the cast, as well as a number of new ones, and all of the actors are determined to outdo the fine record made in earlier performances.

It looks as though a rousing good time is in store for all at "The Drunkard," so don't neglect to put it down on your calendar as a date for a few hours of informal fun and frolic.

LONDON TERRACE NEWS

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The Story of Saint Peter's

(Continued from page 6)

Saint Peter's — the Christmas Church—to see the Clement Clarke Moore Baptistry, and the pew in which he worshipped (when he was not playing the pipe organ!) and the Altar Rail at which he received the Sacrament. In this Baptistry is the famed "Chelsea Stone" brought over from England some years ago. It was part of the fabric of Chelsea Old Church, on the banks of the Thames in London. Tradition says that Clement Clarke Moore's grandfather, Captain Thomas Clarke, was a member of this ancient church (it was built in 789 A. D.).

The Christmas Church has always been closely connected with London Terrace. This is due to the fact that London Terrace stands on land originally owned by Clement C. Moore, and there is no doubt that Clement Clarke

Moore knew every foot of it. Also the relation between the Christmas Church and London Terrace has been strengthened by the annual Children's Party given by the residents of the London Terrace at Christmas time. Saint Peter's Choir comes, vested, and sings carols at this celebration. The party has been broadcast over the radio, so the London Terrace is doing its part today to spread the fame of Clement Clarke Moore to millions all over the world. The short distance from the Christmas Church to London Terrace is one of the reasons why so many families in the Terrace belong to the congregation, and why so many of their children attend Saint Peter's Church School.

While the Christmas Church is closed, services are being conducted in Saint Peter's Hall (next door) and plans are under

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way for the restoration of this lovely old landmark of early New York. The ceiling must be repaired and decorated, and a new copper roof put on the church. Plans are being made for a great celebration during May, 1941, when this congregation will celebrate 110 years of the life and work of the Christmas Church. The church probably will be opened early in the year 1942. Saint Peter's Hall has been cleaned and decorated, and a tem-

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GLADYSE GRAVES STARK
Director

porary Altar erected there, and it makes a cozy and comfortable place for worship.

A cordial invitation is extended

to Terrace residents and their friends to take part in the Holy Week and Easter services at Saint Peter's.

Portrait of a Busy Lady

(Continued from page 9)

British War Relief. The Drama Study Club itself raised funds to buy a mobile canteen which is being sent to England through the Theatre Wing.

Mrs. Senie was born in Philadelphia, went to Quaker schools and married Louis Senie in that city. His business brought them permanently to New York some time after their marriage and they established their home in Westport when the family of boys started to come along. She takes a keen, intelligent interest in world and national affairs, particularly as they affect the creative and cultural aspects of the American way of life. She likes the healthy manner in which the younger people make their impression upon the theatre and literature. The Drama Study Club regularly raises funds to send young people to schools and for training in repertory companies.

Her years of constant theatre-going have given her something of an expert's viewpoint on plays and players, but she has kept her mind open and has not lost the enthusiasm of the amateur. She enjoys the theatre as such without agreeing necessarily with a play's viewpoint. She thinks "Lady in the Dark," for instance, is a fascinating production although she does not believe in psychoanalysis. And she is heartily in favor of experiment and change for its own sake because she believes it is the only method of keeping a native culture alive and progressive. She always has advocated lower box office prices and hopes that Elmer Rice's current experiment with \$1.00 "top" will prove their practicality. She also is keenly interested in de-

velopments that will lead to a real "national theatre."

It is very important, Mrs. Senie believes, to "give the theatre back to the people." A determined effort should be made to recapture audiences which have been lost through high ticket prices and the scarcity of plays outside of New York City.

Club work, she says, is like a snowball picking up added dimensions as it rolls along. Once you become prominently identified with one or two activities you're immediately "on the list" for requests to act in innumerable capacities. When she feels she is becoming a bit lost in the maze of causes and movements she turns to her husband. "Do you think I ought to go in on this?" she will ask and he'll bring her back to earth by saying, "Are you really interested in it, or are you considering it just because you don't want to say no?" Answering this question honestly helps her make the decision.

Some day she may "retire" in favor of a leisurely active life in Westport, but the world moves fast these days and there are many engrossing matters to bid for her attention. The chances are there always shall be, because the enthusiasm of Mrs. Senie for the things she believes in is the kind that lasts.

**THE LONDON TERRACE
NEWS**

Published monthly for residents of London Terrace. Address all communications to the Editor, Penthouse Club, 470 West 24th Street, New York City.

LONDON TERRACE NEWS

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