

London Terrace Towers Pool and Health Club Membership Rules and Regulations

The London Terrace Pool and Health Club (the "Facility") contains what has been called "the best pool in New York" – a half Olympic sized indoor swimming pool. It also features Men and Women's locker rooms with showers, steam rooms and saunas as well as a complete Health Club. The Health Club offers a full Cybex and Life Fitness circuit, free weights, treadmills, crosstrainers, stairmasters and other aerobic equipment.

The following guidelines, rules and regulations have been developed for the pleasure and safety of residents when using any part of the Facility. Revisions to these rules and regulations may be made from time to time. Significant changes will be posted.

Membership

The Facility is a private club for use by the residents of London Terrace Towers only. Free use of the pool and locker room areas is a privilege extended to all residents. Proof of residency (a valid, color-coded resident photo identification card, issued by the London Terrace Towers Management Office) is required.

Separate membership to the Health Club is available by registration, presentation of an ID and payment of the applicable membership fee. Shareholders of the Towers may register for or renew their memberships in the Health Club. Renewals for those who sublet in the Towers or who are in rental apartments must go to the Management Office at 405 West 23 Street, 2E.

Membership is not transferable or refundable. ID's are not transferable. With thirty days written notice to the Health Club Manager, membership may be frozen for medical reasons when accompanied by a verifiable letter from a physician. Personal reasons may also be considered upon the delivery of a letter stating such reasons from the member to the Health Club Manager.

Access to the Facility

Each resident must sign in and out when using any part of the Facility. Residents' IDs must be deposited with either the lifeguard or the trainer on duty. When leaving the Facility, IDs must be picked up and signing out is required. The installation or operation of any security device does not reduce the need for the staff to see the IDs of those using the Facility at any given time.

Hours of Operation

The hours of operation of the Pool are:

Monday, Tuesday, Thursday, Friday: 6:30 AM – 9:45 PM

Wednesday: Closed

Saturday, Sunday: 9:00 AM – 6:45 PM

The hours of operation of the Steam Rooms and Saunas are:

Monday through Friday: 6:30 AM – 9:45 PM

Saturday, Sunday: 9:00 AM - 6:45 PM The closing times are set for 15 minutes before the closing of the Facility to give members a sufficient amount of time to dress.

The hours of operation of the Health Club are:

Monday through Friday: 6:00 AM – 10:00 PM

Saturday, Sunday: 8:00 AM - 8:00 PM

Days and times of operation for all parts of the Facility are subject to change

Guest Policy

All guests to any part of the Facility must be accompanied by and remain in the Facility with the resident. Guests may use only the venue in which the resident has privileges.

It is the responsibility of each resident to familiarize his/her guest with all the rules and regulations of the Facility. Each resident and guest must sign a "Guest Waiver", agreeing to abide by the rules and policies of the Facility. Each resident is responsible and liable for all actions of his/her guest.

Guest Passes

Guest passes MUST be purchased and will apply only to the parts of the Facility to which the purchasing resident has privileges. Passes may be purchased at either the London Terrace Towers Management Office or the Health Club. The passes must be paid for by CHECK OR MONEY ORDER ONLY.

Passes are valid for one year from the date of purchase, or the termination of one's lease, whichever comes first.

Each pass is usable by one person only and for one day only. Additional passes must be purchased for repeat visits or multiple guests.

Passes are not refundable under any circumstances.

The current rates for guest passes are:

\$15.00 each

Rates are subject to change

Pool passes for caregivers are available for \$50.00 per year or ½ the cost of a guest pass for caregivers accompanying small resident children in the water. The pass may not be used by the caregiver when NOT accompanying the resident child. This pass is not transferable to a different caregiver. Arrangements for these passes can be made in the London Terrace Towers Management Office only.

Safety and General Considerations for the Facility

No resident shall participate in inappropriate or offensive behavior in any part of the Facility.

Smoking is not allowed in the Facility.

Food is not allowed in the Facility.

Pets are not allowed in the Facility.

Strollers, carriages and carts are not allowed in the Facility.

Persons suspected of being under the influence of drugs or alcohol will not be permitted to enter or remain in the Facility.

The NYC and NY State Department of Health regulations and those of all other governmental agencies having jurisdiction are considered part of these rules and regulations.

No resident shall attempt to either interfere with a staff member's enforcement of rules and policies or provoke a dispute over any disciplinary action enforced by a staff member.

PROPERTY DAMAGE

Residents may not mark, damage or vandalize any property belonging to or located in the Facility. Property of the Facility must not be removed from the Facility by anyone.

In addition to other penalties provided for in these rules, the cost of any property damage or loss shall be charged to the resident(s) responsible for the damage. Each resident is responsible for any damage caused by his/her guest.

Neither London Terrace Towers Owners, Inc. nor the Facility Management Company will be responsible for the loss, damage or destruction by fire, theft or otherwise of any personal property brought into the Facility by the resident or his/her guest.

Pool Rules and Regulations

No one is allowed in the Pool when the lifeguard is not on duty.

All bathers must rinse off in the shower before using the pool.

Bathing suits are required.

All persons with shoulder length hair must either wear a bathing cap or have hair tied up securely.

All shoes, sneakers, sandals or slippers used outside may not be worn on the pool deck.

Running on the pool deck, jumping or diving, including diving off the shoulders, is not allowed.

As a courtesy to other swimmers, ball playing is not allowed in the pool or the pool area.

All swimmers are required to share lanes if the need arises. When there are more than two persons in a lane, all swimmers should swim on the right side of the lane in a counter clockwise direction. Lifeguards have the authority to regulate lane activity.

Children under the age of thirteen (13) years of age must be accompanied by an adult (eighteen years or older) when in or near the pool. Facility staff is not, and may not be asked to be, responsible for children in the absence of parents or adult guardians.

Children who are not toilet trained must wear tightly fitted rubber or plastic pants or disposable diapers with a bathing suit top. Diaper changing in the pool area is forbidden.

Persons with inflamed eyes, nasal or ear discharges, boils, open sores or other evident skin or bodily infections are not permitted in the pool.

Urinating, defecating, expectorating or blowing one's nose in the pool is prohibited.

Glassware of any kind is prohibited in the pool area.

Only flotation devices issued by the Facility may be used in the pool.

Health Club Rules

Children under eighteen (18) years of age are not permitted to use the Health Club nor are they permitted to accompany an adult while the adult is using the Health Club.

New members must familiarize themselves with gym equipment with the assistance of the staff trainer.

Fitness equipment is used at the user's own risk.

Each member must clean the equipment she/he uses.

Free weights must be returned to the storage racks after use.

Half-hour time restrictions apply to aerobics equipment where a waiting list is posted.

Members and guests must observe these time restrictions when others have signed the waiting list.

T-shirts, sweatshirts, leotards, shorts and sneakers or other appropriate attire must be worn on the training floor at all times. Bathing suits, sandals, thongs, robes, slippers, etc. are not appropriate attire for the Health Club.

Personal belongings not carried or stored in the locker room must be put in the storage bins on the Health Club floor.

Locker Room Rules

Each resident and guest must clean up after themselves.

Hair coloring and hair cutting on the premises is strictly forbidden.

Shaving in the showers and bathrooms is strictly forbidden.

Personal belongings must be kept in the lockers.

Members must provide their own locker locks.

A small number of lockers have been set aside for rental on a yearly basis for a fee of \$70.00. The lockers available for rental are the small sized lockers. All other lockers are for daily use only. Should it appear that the locks are being left on unrented lockers after closing, the locks will be clipped. The belongings will be removed, held for a week, then donated to charity or otherwise discarded.

Additional Services/Training Classes

The Health Club currently offers a number of free classes to its members. Classes and scheduling are subject to change. Schedules are generally available at the trainer's desk and posted on the bulletin boards.

Residents who are not members are permitted to participate in classes with the purchase of a guest pass.

Each person who participates in any class does so at his/her own risk.

The Facility offers personal fitness training to members. Swimming instruction is also available. These services are available for an additional fee payable to the trainer or instructor. Information regarding these services, to the extent not provided below, is available at the Health Club trainer's desk.

Personal trainers or instructors provided by London Terrace Towers are paid in advance and a twenty-four hour cancellation policy is in effect. For the protection of members as well as the Facility, outside personal trainers (i.e., anyone who is not in the employ of or contracted by Eden Sports Management) are permitted in the Facility ONLY after submitting proof of current certification and liability insurance. In addition, outside trainers must present a guest pass for each training session to be permitted in the Facility.

Penalties for Non-Compliance

The Board of Directors reserve the right to suspend immediately the privileges of anyone who does not follow the Facility's rules, regulations and/or the general safety considerations.

The privileges or membership status of any resident who does not observe and obey any rule or regulation governing his/her conduct in any part of the Facility may be suspended or revoked indefinitely without refund.